



# Osmond Elementary

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**10/3/24**

- Fall Pictures by Bell Photography

**10/4/24**

- No school

**10/8/24**

- Fall Dry Creek Academy Starts

**10/10/24**

- PTO Meeting \* 10 am

All interested parents are invited.

**10/11/24**

- Spirit Day to celebrate SVHS Homecoming

Wear your crimson & gold!

**10/14/24 - 10/17/24**

- National School Lunch Week

**10/18/24**

- No school

**10/21/24 - 10/24/24**

- Red Ribbon Week

**10/23/24**

- Author Tyler Whiteside will be visiting our school!

**10/31/24**

- Pumpkin Patch

- Halloween Costumes welcome!

Please see the back for more info

## Looking ahead ...

Parent Teacher Conferences will be held  
Tues, Nov 12<sup>th</sup> & Wed, Nov 13<sup>th</sup>  
Additional info will be sent home  
mid-October.

## Osmond Elementary's school-wide Title 1 program.

Any student enrolled at Osmond, who needs extra academic help, is eligible for assistance. All students at Osmond complete a universal screener (AIMS web plus) in reading three times per year. These test results along with teacher recommendations are used to identify students needing supplemental instruction.

Schools qualify for Title 1 services based on the percentage of enrolled students in economic need. This qualification is based on the number of students in the free and reduced-price lunch program.

Here at Osmond Elementary, we use the majority of our funds for our Title 1 paraprofessional team. With this team, we are able to offer small instructional groups to meet the needs of our students.

*Our Title 1 program offers after school tutoring called Smarty Club, this is on Tuesday and Wednesday from 2:35-3:15. If you have any questions, contact Ileene Jensen at Osmond Elementary.*

Osmond's  
Picture Day  
will be  
Thurs, Oct 3rd



- Flyers have been sent home with students and can be returned the day of pictures.
- You are also welcome to go online and pay/order at [bellphoto.com](http://bellphoto.com) and use the prepaid code: OsmondES2Fall24



**SPIRIT  
DAY  
10-11-24**

Wear your crimson and gold or Braves gear in celebration of SVHS Homecoming. Let's Go Braves!

For reminders and updates find us at:



Osmond Elementary  
on Facebook

osmondelementary  
on Instagram

Osmond will be celebrating  
**Red Ribbon Week**  
**October 21<sup>st</sup> - 24<sup>th</sup>!**

Red Ribbon Week is the nation's oldest and largest drug prevention awareness program. During this week, we will be promoting healthy, positive choices including ways to get our bodies moving.



**Well loved children's author, Tyler Whitesides, will be visiting  
Osmond Elementary on Wednesday, October the 23rd!**



Mr. Whitesides is the author of books such as the Janitors Series, The Wishmakers, Magics Most Wanted, & School of Garbage. He lives in Northern Utah with his two sons where he enjoys spending time outdoors, acting and singing, and performing musicals with local theater companies. However, most of the time, you'll find him hard at work on the thing he loves most – writing!

We will have some books written by Mr. Whitesides for sale in the library. This is an **OPTIONAL** opportunity and will be available on a first-come, first-served basis, while supplies last. These books can then be signed by Mr. Whitesides on the day of his visit.

Books already owned by students or bought from other places can also be brought to the library to be signed by Mr. Whitesides. Please bring those books to Mrs. Call no later than Monday, October 21<sup>st</sup>.

**Banking Days Have Begun!**



It's not too late to participate. Students can begin at any time, they will simply need to make extra deposits on their own.

**Students are welcome to stop by the bank(s) and pick up deposit slips to prefill for quicker deposits during Tuesday morning recesses.**

You can find all banking information at [osmond.lcsd2.org](http://osmond.lcsd2.org) under "documents" on the family & students tab.

**NATIONAL SCHOOL LUNCH WEEK  
OCTOBER 14<sup>th</sup> – 18<sup>th</sup>**

**SCHOOL LUNCH PIRATES  
FIND YOUR TREASURE!**



Our amazing lunch ladies have some fun things planned for that week, including a daily drawing!

Each day all students that eat school lunch will have their name entered into a drawing. There will be one winner per day!



**Calling all Veterans**

Please help us update our list of area Veterans! Osmond Elementary has a tradition of honoring those who have served our country.

In order to do so, we keep a list of local Veterans. Keeping this list current is a challenge. We are asking for your help in our effort. Please call the office at 307-885-9457 or send an email to Mrs. Nield at [lyndi.nield@lcsd2.org](mailto:lyndi.nield@lcsd2.org) if you know someone we need to include.

**Thank you for your help!**

## Character Education

In October, Osmond's students will continue to gain more understanding of the three areas of the brain described in last month's newsletter.

They will learn that the prefrontal cortex (PFC) is "where we do life (cognitive, emotional, behavioral functioning)" as it is where our higher order executive functions, like decision making, problem solving, attentional control, emotional self-regulation, and control of our behavior reside.

They will learn how memories and learning are stored and retrieved with their hippocampus.

They will learn more about their amygdala being the alarm center of the brain and how it is connected to both the hippocampus and the prefrontal cortex.

Finally, the students will begin to explore the superpower of their autonomic nervous system (ANS) as it keeps us safe through neuroception, the automatic process of how we take in information from our environments. It is our ANS's "smoke detector" and our reactions of "fight" or "flight" occurs when our neuroception senses danger. For our students, that "danger" is usually in the form of social or emotional threats, resulting in anxiety.

They will learn strategies to recognize and manage their strong emotions.



## DIGITAL CITIZENSHIP - OCTOBER

# "T.H.I.N.K BEFORE YOU SHARE"



## -T.H.I.N.K Before you share

-Before you share anything online OR offline, T.H.I.N.K

T- Is it TRUE?  
H- Is it HELPFUL?  
I- Is it INSPIRING?  
N- Is it NECESSARY?  
K - Is it KIND?



### TREAT OTHERS WITH KINDNESS

## OCTOBER is National Dental Hygiene Month.

Halloween and fall celebrations can mean candy in abundance! Sweets and treats can be a lot of fun on special days, but having good dental hygiene is important. Here are some tips to keep those pearly whites strong & those gums healthy!



1. Brush 2x/day, replace your toothbrush every 3 months.
2. Switch to a soft-bristled toothbrush.
3. Floss once a day, it's best to floss before bedtime to remove any food particles.
4. Get regular cleanings, every 6 months.
5. Eat a tooth-healthy diet with lots of veggies and foods that are rich in calcium to support healthy teeth & bones.
6. Delay brushing for 30-60 min after eating acidic foods like citrus fruits or tomatoes.
7. Avoid sticky, starchy, sugary foods.
8. Skip the juice and soda, go for water or milk instead.

Students are welcome to wear costumes on Thursday, October 31<sup>st</sup>

*If your child chooses to do so, please note the following guidelines*

### **YES**, COSTUMES MUST:

- Follow the school dress code
- Allow students to function normally in daily classroom procedures
- Be arranged at home

### **NO**, COSTUMES MAY NOT:

- Include masks, weapons, or inflatable costumes
- Be arranged or prepared in school bathrooms or classrooms
- Make fun of race or religion.

## Pumpkin Patch \* October 31<sup>st</sup>

Students are invited to carve, paint or decorate a pumpkin at home and bring it to school to put on display.



### Please note:

- Pumpkins are not provided by the school.
- Students who wish to participate will need a ride to and from school as the pumpkins may not ride the bus.
- Any pumpkins still at the school at 3:30 pm will be discarded.