



# Osmond Elementary

Tyler Jack, Principal

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**Friday the 2<sup>nd</sup>**

No School

**Monday the 5<sup>th</sup> – Friday the 9<sup>th</sup>**

Afton & Osmond Elementary's  
"Cereal-ously Souper Bowl"

**Wednesday the 7<sup>th</sup>**

Second 4<sup>th</sup> Grade Ski Trip

**Wednesday the 7<sup>th</sup>**

6<sup>th</sup> – 8<sup>th</sup> Grade District Spelling Bee  
9 a.m. at the District Office.

**Thursday the 8<sup>th</sup>**

PTO Meeting ~ 10 am  
All interested parents are invited.

**Sunday the 11<sup>th</sup> – Saturday the 17<sup>th</sup>**

Random Acts of Kindness Week

**Friday the 16<sup>th</sup>**

No School

**Friday the 23<sup>rd</sup>**

No School

## happy valentines

What a great time of the year to let the special people in your life know how much you love them. However, we ask that you do NOT send or bring items to the school.

When mementos of love for your child are sent to the school, it does make your child feel loved. However, not all students will be lucky enough to receive something. It is hard to describe how excited the kids are, as they stop by the office to see if the latest delivery is for them, just to watch the excitement turn to disappointment. We ask that you please save your celebration for home.

This does not mean that we don't celebrate Valentine's Day at Osmond. Watch for notes to be sent home by classroom teachers as they will be doing something special!

## AFTON & OSMOND ELEMENTARY Cereal-ously Souper Bowl February 5-9th



Cereal and Soup will count  
towards a Touchdown.  
All other donated food counts  
towards a Field Goal.

Help your school win the coveted trophy!

The PTO will fill boxes to donate to the Afton Food Pantry.  
Each box filled with cereal and soup will earn that school 6 points.  
All other non-perishable food will be boxed together  
to earn that school an extra point.

\*\*\*Though ramen IS a soup, the food pantry does not have a high need for it at this time, so ramen will be counted with the "other" food for an extra point.



February 6<sup>th</sup> – February 28<sup>th</sup>  
students will need warm  
clothes and boots for P.E.  
as they will be going outside to  
cross country ski and snowshoe.

## February is Heart Health Awareness Month.

The **HEART** is a muscle about the size of your fist! It carries blood full of **oxygen** and **nutrients** all around the body and rids the body of waste. For school age kids, the **heart** beats anywhere from around 60 to 118 times a minute when you're resting and even more than that when you're active. **That's hard work!**

**Exercise** is the best way to keep the **heart** strong and healthy. Kids can make it a goal to play outside as much as possible, get involved in **sports**, or even to participate in activities often such as **tag** or **hide and seek!**

**Healthy eating** is another great way to take care of the **heart**. **Fruits** and **vegetables** are at the top of every pediatrician's **heart-healthy** food list. Try mixing them in a smoothie or preparing low-calorie dipping sauces to pair with them. Pediatricians also recommend **whole grains**, **fish**, and **lean meats**. (Cleveland Clinic, American Academy of Pediatrics.)



# kindness

RANDOM ACTS OF KINDNESS WEEK

Osmond plans to join other schools, entire communities, and the state of Wyoming February 11<sup>th</sup> – 17<sup>th</sup> as we celebrate random acts of kindness week throughout the state.

Find ways to show kindness at home, at school, and throughout the community.

## Spelling Bee Champions!

Classrooms were abuzz with the sound of students preparing for LCSD#2's annual spelling bees. The first of which was held in individual classrooms. Each classroom then sent their top 3 spellers to participate in Osmond's School Bee which was held on January 10<sup>th</sup>. The following students participated in our school bee.



**4<sup>th</sup> Grade** – Faith Whitten, Eli Forsythe, Kaylee Merritt, Brexley Phillips, Chevy Leavitt, Bria Hill, Dayton Dockstader, Seth Colvin, Myla Lancaster, Owen Shumway, Kitt Plowman, Kyson Bagley, Damian Statham, Olivia Mavy, Taysom Rose, Collyn Mackey, Gaige Jacquart, Jaxon Knowles



**5<sup>th</sup> Grade** – Jace Carter, Orrin Dugan, Gunner Humpherys, Rafferty Erickson, Cade Kartchner, Lorenzo Walker, Ella Beeson, Jacob Forsythe, Santiago Perez, Grey Frome, Eeve Kleeman, Owen Kaiser, Zander Hansen, August Henderson, Megan Knighton



**6<sup>th</sup> Grade** – Jackson Finch, Rhett Scherbel, Paisley Hathaway, Alice Stauffer, Quincy Norris, Hannah King, Tavin Peavler, Kevin Palmer, Breck Bradley, Liddy Cranney, Rachel Hirschi, Markus Rogers, Jace Mitchell, Christian Gordon, Harper Hale, Maggie Clark, Griffin Brown, Lathen Carlson

**Congratulations to the following students who placed in Osmond's School Bee! The top 5 in each grade moved onto the District Bee which took place on January 17<sup>th</sup>.**



**4<sup>th</sup> Grade**

Olivia Mavy, Seth Colvin,  
Dayton Dockstader, Kaylee Merritt,  
Kyson Bagley, Jaxon Knowles



**5<sup>th</sup> Grade**

Grey Frome, Cade Kartchner,  
Zander Hansen, Ella Beeson,  
Lorenzo Walker, August Henderson



**6<sup>th</sup> Grade**

Lathen Carlson, Jace Mitchell,  
Jackson Finch, Rachel Hirschi,  
Griffin Brown, Rhett Scherbel

**We have some spectacular spellers in our building! Congratulations to the following students who all placed in the District Spelling Bee on January 17<sup>th</sup>.**

*Jackson Finch, Rhett Scherbel, Jace Mitchell, and Griffin Brown*

**These 6<sup>th</sup> grade finalists will now move onto the District 6<sup>th</sup>, 7<sup>th</sup> & 8<sup>th</sup> Grade Bee which will be held at 9:00 a.m. on February 8<sup>th</sup>, at the District Office.**