



# Osmond Elementary

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## February 2023

2/1/23

Last day of Winter Dry Creek Academy

2/6/23 – 2/9/23

“Soup”er Bowl

2/6/23

Rescheduled 4<sup>th</sup> Grade Ski Trip

2/7/23

Second 4<sup>th</sup> Grade Ski Trip

2/8/23

District Spelling Bee for 6<sup>th</sup> Grade  
9 a.m. at the District Office.

2/9/23

PTO meeting ~ 10 am  
All interested parents are invited.

2/10/23

No School

2/17/23

No School

2/23/23

Jennifer Nielsen – author visit

2/24/23

No School



Throughout the month of February **students will need warm clothes and boots for P.E.**

as they will be going outside to cross country ski and snowshoe.

## Valentine's Day Information

Picture heart shaped balloons, chocolate covered strawberries, flowers, or cuddly teddy bears, and your mind quickly turns to those you love. What a great time of the year to let the special people in your life know how much you love them. However, we ask that you do NOT send or bring items to the school.

When mementos of love for your child are sent to the school, it does make your child feel loved. However, not all students will be lucky enough to receive something. It is hard to describe how excited the kids are, as they stop by the office to see if the latest delivery is for them, just to watch the excitement turn to disappointment. **We ask that you please save your celebration for home.**

This does not mean that we don't celebrate Valentine's Day at Osmond. Watch for notes to be sent home by classroom teachers as they will be doing something special!



## February is American Heart Month.

The **HEART** is a muscle about the size of your fist! It carries blood full of **oxygen** and **nutrients** all around the body and rids the body of waste. For school age kids, the **heart** beats anywhere from around 60 to 118 times a minute when you're resting and even more than that when you're active. **That's hard work!**



**Exercise** is the best way to keep the **heart** strong and healthy. Kids can make it a goal to play outside as much as possible, get involved in **sports**, or even to participate in activities often such as **tag** or **hide and seek!**

**Healthy eating** is another great way to take care of the **heart**. **Fruits** and **vegetables** are at the top of every pediatrician's **heart-healthy** food list. Try mixing them in a smoothie or preparing low-calorie dipping sauces to pair with them. Pediatricians also recommend **whole grains**, **fish**, and **lean meats**. (Cleveland Clinic, American Academy of Pediatrics.)

## Monday, February 6<sup>th</sup> – Thursday, February 9<sup>th</sup> Osmond Elementary and Afton Elementary will be going head-to-head for our annual “Soup”er Bowl

This year the two elementary schools are teaming up to collect food for the Friday Food Bag program as well as the Afton Food Pantry. Like last year, certain items will be considered touchdown points, others field goal points and the rest will give that school an extra point.

Below you will find a list of items that are currently needed:

### TOUCHDOWN

- Beef Stew
- Canned soup
- Ramen
- Ravioli
- SpaghettiOs
- Mac & Cheese
- Knorr Meals
- Peanut Butter
- Canned pasta sauce (no glass)



For more information, please see the letter that also came home with your student.

### FIELD GOAL

- Granola Bars
- Oatmeal Packets
- Microwave popcorn
- Fruit snacks
- Fruit roll-ups
- Individually packaged crackers, chips, nuts

### Extra Point

- all other donated food

## Spelling Bee Champions!

Classrooms were abuzz with the sound of students preparing for LCSD#2's annual spelling bees. The first of which was held in individual classrooms. Each classroom sent their top 3 spellers to participate in Osmond's School Bee which was held on January 11<sup>th</sup>. From that Bee the top 5 spellers per grade level participated in the District Bee that was held at the District Office on January 18<sup>th</sup>.



**The following students won their classroom Bee's and were then able to participate in Osmond's School Bee**



### 4<sup>th</sup> grade:

Abby Kucharek, Eeve Kleeman, Henry Voss, Evan Isaacson, Kason Hokanson, Zander Hansen, Lorenzo Walker, Ryan Malik, Grahm Wheeler, Ella Reamsbottom, Robert Erickson, Grey Frome, August Henderson, Drew Linford, and Jake Forsythe

### 5<sup>th</sup> grade:

Cayden Jensen, Tavin Peavler, Maggie Burgess, Jace Hokanson, Caelyb Whipple, Emerson Barnes, Liddy Cranney, Rachel Hirschi, Griffin Brown, Lathen Carlson, Croix Phillips, Alice Stauffer, Harper Hale, Jace Mitchell, Maggie Clark, Kyla Campbell, John Harris, and Brayson Gibson

### 6<sup>th</sup> grade:

Susana Smith, Garrett Lancaster, Ruby Morgan, Sara Sanderson, Phoebe Kucharek, Gwendelyn Bach, Keladry Johnson, Anson Young, Calvin Parsons, Jace Cubas, Henna Hale, Evelyn Erickson, Jackson Carter, Jacob Olsen, Liliana Tolley, Will Erickson, Cael Mackey, and Harbor Winder.

**Congratulations to the following students who placed in Osmond's School Bee! The top 5 moved onto the District Bee which took place on January 18<sup>th</sup>.**



### 4<sup>th</sup> Grade

Lorenzo Walker, August Henderson, Zander Hansen, Henry Voss, Jake Forsythe, Grey Frome



### 5<sup>th</sup> Grade

Emerson Barnes, Harper Hale, Maggie Clark, Croix Phillips, Cayden Jensen, Alice Stauffer



### 6<sup>th</sup> Grade

Calvin Parsons, Jackson Carter, Anson Young, Jacob Olsen, Evelyn Erickson, Garrett Lancaster

**We have some spectacular spellers in our building! Congratulations to the following students who all placed in our District Spelling Bee on January 18<sup>th</sup>.**

**4<sup>th</sup> Grade** – Lorenzo Walker placed 3<sup>rd</sup>

**5<sup>th</sup> Grade** – Emerson Barnes placed 4<sup>th</sup>

**6<sup>th</sup> Grade** – Jacob Olsen 1<sup>st</sup>, Jackson Carter 2<sup>nd</sup>, Anson Young 3<sup>rd</sup>, Evelyn Erickson 4<sup>th</sup>, Calvin Parsons 5<sup>th</sup>



**Those top five 6<sup>th</sup> grade finalists will now move onto the District 6<sup>th</sup>, 7<sup>th</sup> & 8<sup>th</sup> Bee which will be held at 9:00 a.m. on February 8<sup>th</sup>, at the District Office.**





New York Times bestselling author

# JENNIFER A. NIELSEN



**is coming to OES!**  
Thursday February 23, 2023

During her visit, author Jennifer Nielsen will be autographing books.

If students already own one of her books that they would like signed, please bring it to Mrs. Call by February 21<sup>st</sup>.

Students are also welcome to purchase books in the library at a discounted price. However, there are limited quantities of each title, so please have your student visit the library for availability and pricing.